

MJM Program History and Milestones

Introduction

In 2010 The Matthew J. Morahan III Health Assessment Center for Athletes was created in memory of Matthew Morahan. Since the program's opening, its mission continues to support the family's vision to help child athletes to safely enjoy participation in sports. The Center strives on promoting community awareness and provides education, evaluation, and assessment of sports injury and sports-related cardiac and concussion screenings.

MJM 2010 Milestones

- *In November of 2010 MJM had its official grand opening at the Ambulatory Care Center and introduced the program's medical leadership to include:*
 - ***Dr. Donald Putman, M.D.**
Medical Director of Cardiac Assessment and Screening*
 - ***Orrin Devinsky, M.D.**
Medical Director of Neurological Assessment and Concussion Screening*
 - ***John Shumko, M.D.**
Medical Director of Sports Medicine and Injury Assessment*
- MJM offered its first program in collaboration with a school at Golda Och Academy providing baseline concussion screenings to 98 of their middle school athletes.
- MJM offered its first free community screening at the Ambulatory Care Center to provide cardiac and concussion screenings to children in the community.
 - *At the close of 2010, a commitment was made to offer free community screenings twice annually at the Ambulatory Care Center and Newark Beth Israel as part of the program's commitment to help student athletes Play it Safe.*

MJM 2011 Milestones

- MJM provided community programs through its lecture series at:
 - *Health Fair in Milburn*
 - *Pediatric Grand Rounds Presentation at Saint Barnabas Medical Center*
 - *Caldwell Kiwanis*
 - *RN conference at Saint Barnabas Medical Center*
 - *Presentation to School Nurses at Barnabas Health Corporate Building*
- The program provided its first free baseline EKG screening to the community of Bedminster at The Family Imaging and Breast Center during their annual health fair.
- MJM offered cardiac screenings to the Mountainside Mustang Club Teams; 39 athletes were screened.

- MJM collaborated with the NJ Rockets Youth Hockey Association and The Fairfield Recreation Department to baseline concussion screen their athletes; 96 Rockets and 159 Fairfield students were screened.
- The Center welcomed its first dedicated program coordinator in November 2011.

MJM 2012 Milestones

- **January:** Education was provided to Newark's School System at Science Park High School Media Center to train over 30 of their professionals on administering ImPACT neuro-cognitive testing. Included in the audience were athletic trainers, athletic directors, and nursing administrators.
- **February:** A seminar was provided at the Ambulatory Care Center for athletic trainers, school nurses, and coaches that work with student athletes in the community. The Play it Safe Program covered concussion, concussion management, return to play post injury, and sudden cardiac death of youth athletes; 38 attended.
- **February:** The MJM Lecture Series on nutrition was provided for 251 students, grades Pre K through 5th at Golda Och Elementary School in West Orange.
- **March** - The following community programs were offered and accomplishments attained:
 - *The first use of Balance Testing was added to our free community screenings as part of pre assessment for concussion.*
 - *Barnabas Health gained CIC status with ImPACT through the medical leadership of Dr. Peter Widdess-Walsh, Neurologist. The attained status deemed Barnabas Health a Credentialed ImPACT Consultant in the state of New Jersey. This credential distinguishes MJM in the industry and identifies MJM on the ImPACT website as a preferred provider.*
 - *Barnabas Health's Return to Play Program for post concussive patients was presented at Pediatric Grand Rounds in the Islami Auditorium at Saint Barnabas Medical Center.*
 - *A Play it Safe community program was presented to Holy Family School in Florham Park on concussion, concussion management, and sudden cardiac death in young athletes. The audience included teachers, coaches, and school administrators.*
- **April-** The following programs were offered and/or attended by MJM:
 - *MJM offered demo balance testing for Seton Hall's students at their University Health Fair.*

- *The MJM Lecture Series provided a teacher's aide in-service to West Orange Elementary School on concussion and post concussion management.*
- *Educational material was provided on concussion and sudden cardiac death in youth athletes to Farleigh Dickinson's students at their spring health fair in Madison.*
- *The MJM Return to Play Clinical Protocol was designed/endorsed by the medical team and introduced to the community. The protocol includes progressive physical stages of exercise, thorough symptom assessment, and physician supervision over a 7-14 day period.*
- **May** - The following programs were offered and/or attended by MJM:
 - *Fairleigh Dickinson Health Fair*
 - *Seton Hall University Health Fair*
- **June- July:** MJM collaborated with the Livingston Junior Lancers to cardiac and concussion screen their student athletes; 27 athletes were cardiac screened and 42 were concussion screened
- **August** - The following programs were offered and/or attended by MJM:
 - *The MJM Lecture Series provided a presentation and overview of services to the Newark School Nurses at Naninas in the Park in Belleville; 49 attended*
 - *Provided screenings for local organizations included Golda Och Academy, Fairfield Recreation Center and the NJ Rockets Youth Hockey Association; 157 athletes were concussion screened in total*
 - *MJM Lecture series was provided to Community Medical Center in Toms River during their Nursing Leadership Forum; 54 attended*
- **September** - The following programs were offered and/or attended by MJM:
 - *MJM lecture series provided a presentation and overview of services to the Union County School Nurses, Physical Education Teachers, and Athletic Trainers; 24 attended*
 - *MJM collaborated with Joseph Kushner Hebrew Academy to offer concussion screenings; 100 athletes were screened*
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 - *MJM collaborated with St. Benedicts in Newark to offer concussion screenings to their student athletes; 339 of their athletes were screened*
 - *MJM lecture series offered a professional development day for the West Orange School Nurses on concussion management at their central office :13 school nurses attended*

- **October - December** - The following programs were offered and/or attended by MJM:
 - *MJM lecture series provided a presentation on concussion and an overview of services to Montclair High School coaches;35 attended*
 - *MJM lecture series offered a program on concussion management to parents, coaches, school nurses, and athletic trainers at Essex Codey Arena;16 attended*
 - *Barnabas Health committed to expanding the MJM program and its free community screenings throughout the System at each hospital campus in the new year. As part of this expansion MJM also committed to offering free cardiac and concussion screenings to the student- athletes of 12 pilot high schools across the state of New Jersey.*